

Space and pace Mythbusters:

“There’s always too much to do”

“We’re not in control of the work we do”

**The myths that we hear in our organisations
shape our approach to work, our wellbeing,
our energy.**



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There are many different ways of exploring our capacity: through the lenses of pace, volume, expertise, prioritisation, orientation to mission and value.

Exploring the myths and legends of our organisation can help to unpack what is getting in the way and enabling us to find the ways in which we can deliver the work we choose within the resources we have.

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Working with your peers...

- What are the myths that you hear in your organisation. Identify the top three myths.
- Share them and get your peers to suggest some myth busting suggestions.
- What does this discussion open up for you?

What will you do with the results of this work?

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We just need to get past this bit...	Getting more skilled at getting past this best will serve us well. This too will pass. Other bits will come.
We can't do it all you know...	We aren't doing it all. We're doing an infinitesimal slither of it all... If the slither is too big, we need to slice it again.
If only we had more resources...	It's not what you do it's the way that you do it... whatever resources you have, if your habits aren't sustainable, and your ambitions aren't informed by resources, then you'll create burnout. More burnout for more people if you have more resources.
If only we didn't have to deliver this project we'd be fine...	We choose to do things that our mission and vision suggests to us. When we are all able to influence what gets delivered, we'll be fine. When we operate like experienced, informed and confident experts, we'll find ways to deliver the things we choose, within the resources we have or can get

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